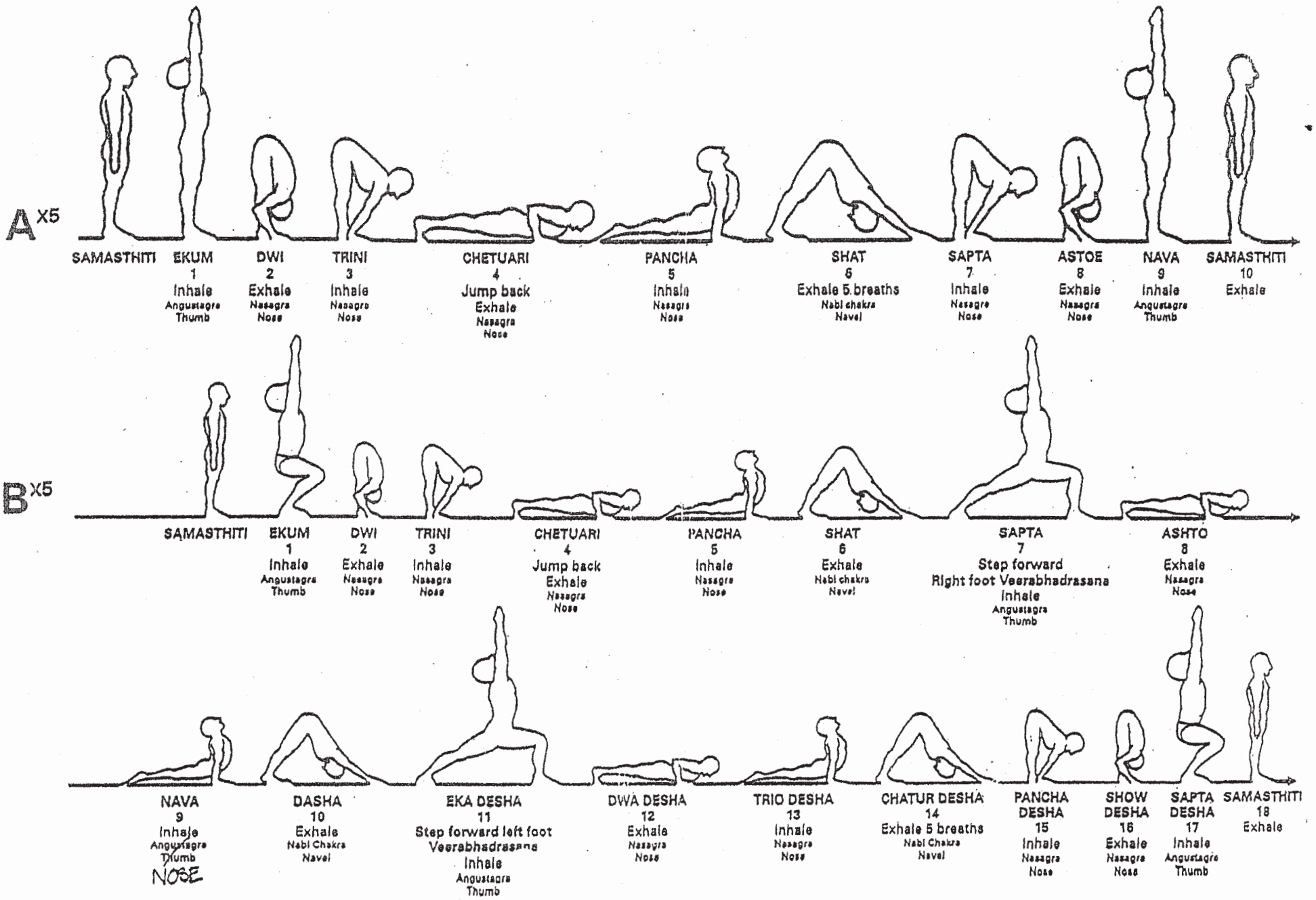
ASTANGA YOGA
AS TAUGHT BY SHRI K PATTABHI JOIS
Mysore 1993
DRAWINGS BY JOHN SCOTT, SANSKRIT & TRANSLATIONS BY EDDIE STERN

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