



PRESENTKORT

Ashtanga Yoga, Basic course

Valid for 6 months from the date of purchase. Value 1000:- sek



Beginners course in english.

During six saturdays. You as a group, start from scratch and develop in a relaxed pace.

Start dates for courses can be found at ashtangashala.se

Bookings: booking@ashtangashala.se

Place: Gråbrödergatan 8, Gamla Väster, Malmö

Teacher: Nico Cooper

During the 6-week period, all morning classes are included (Mon-Thurs)

Happy New Year 2019!